



7th MID TERM

UPCOG VIRTUAL CONFERENCE - 2021



Theme: Honouring The Past, Treasuring The Present, Shaping The Future - Menarche to Menopause

8th - 9th MAY, 2021

Registration / Viewer's Link: <http://upcog.onference.live/MidTerm/>

Organised by:

Department of Obstetrics & Gynaecology

Teerthanker Mahaveer Medical College & Research Center, TMU, Moradabad

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Date: 8TH MAY, 2021

RESEARCH PAPER & POSTER PRESENTATION

8.00 AM To 10:00 AM

PRE-CONGRESS WORKSHOP

10:30 AM to 4.00 PM

Workshop On Endoscopy- From Phobia To Philia Hall - Integrity

Workshop On Infertility - Fundamental To Exceptional Hall - Proficiency

EXECUTIVE BODY MEETING

5.00 PM Onwards

INAUGURATION & INSTALLATION OF UPCOG PRESIDENT ELECT

5.30 PM Onwards

SCIENTIFIC PROGRAMME

Workshop On Endoscopy - From Phobia To Philia

10:30-10:45 AM	Inauguration By Dr. S Krishnakumar, Dr. Nutan Jain, Upcog Office Bearers
SESSION: 1 ENDOSCOPY- THIRD EYE OF A GYNAECOLOGIST	
Chairpersons: Dr. Anuradha Khanna, Dr. Reena Srivastava	
MOC: Dr. Shubhra Srivastava	
10:45-10:55 AM	Basic Laparoscopic Set Up, Orientation And Ergonomics Dr. Akshay Nadkarni
10:55-11:05 AM	Hysteroscopy Procedures Basics Set Up, Orientation And Fluid Management Dr. Lavina Chaubey
SESSION: 2 BREAKTHROUGH TO EXCELLENCE (VIDEO DEMONSTRATION)	
Chairpersons: Dr. Pandit Palaskar, Dr Meera Agnihotri , Dr Archana Verma	
MOC: Dr. Shubhra Agarwal	
11:05-11:40 AM	TLH from basic to challenging cases Dr. Nutan Jain
11:40-12:15 PM	Laparoscopy For Adnexal Masses - Hydrosalpinx/Tubal Factors - Ectopic -Dermoid Dr. Narendra Malhotra
12:15-12:50 PM	Hysteroscopic Myomectomy, Polypectomy - Share The Vision Dr. Rahul Manchanda



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SESSION: 3 EXPERTISE FOR CHANGING TIMES (VIDEO DEMONSTRATION)

Chairpersons: Dr. Neelam Mishra, Dr. Renu Singh Gahlaut, Dr. Kalyan Barmade, Dr. Mala Srivastava

MOC: Dr. Bishakha Chamua

12:50-01:05 PM	Laparoscopic Modalities in Management of Prolapse Dr. Akhil Saxena
01:05-01:20 PM	Laparoscopy in Gynaecological Emergency Dr. Bhaskar Pal
01:20-01:35 PM	Laparoscopic Myomectomy-Meeting The Challenge Dr. Amit Tandon

SESSION: 4 ENDOMETRIOSIS-A SILENT PANDEMIC

Chairpersons: Dr. Jaya Chaturvedi, Dr. Sandesh Kade, Dr. Anita Rastogi

MOC: Dr. Jyoti Yadav

01:35-01:50 PM	Impact Of Endometriosis On Infertility Dr. Neelam Ohri
01:50-02:35 PM	Endometriosis- Superficial to Deep Stubborn to Treat (Panel Discussion) Moderator: Dr. Niranjan Chavan Panelists: Dr. Leena Mehrotra, Dr. Shrikant Ohri, Dr. Priyanka Garg, Dr. Shikha Sachan, Dr. Mohita Agarwal, Dr. Neha Upreti, Dr. Jyoti Misra
02:35-02:45 PM	Vote of thanks



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SCIENTIFIC PROGRAMME (HALL- PROFICIENCY)

Workshop On Infertility - Fundamental To Exceptional 8th May 2021

10:45-11:00 AM	INAUGURATION by Dr. Narendra Malhotra, Dr. Rishma Dhillon Pai, UPCOG Office Bearers
SESSION: 1 CONQUER THE CARDINAL	
Chairpersons: Dr. Sangeeta Jain, Dr. Poonam Singh, Dr. Nupur Nandi	
MOC: Dr. Saima Siddiqui	
11:00-11:10 AM	Workup Of Infertile Couple Dr. Sunita Chandra
11:10-11:20 AM	ART Set Up Dr. Shaheen Anjum
11:20-11:30 AM	Semen Analysis And Its Correct Interpretation Dr. Keshav Malhotra
SESSION: 2 LEARN FROM THE DOYEN -KEYNOTE ADDRESS	
Chairpersons: Padamshree Prof. Dr. Usha Sharma, Prof. Dr. Chandravati, Prof. Saroj Singh	
MOC: Dr. Kanchan Prasad	
11:30-12:00 PM	Ovum Pick Up & Embryo Transfer- Tips And Tricks To Improve Outcome Dr. Jaideep Malhotra
12:00-12:30 PM	Endometriosis And Infertility Dr. Nandita Palshetkar
12:30-1:00 PM	Newer Management Of Male Infertility Dr. H D Pai
SESSION: 3 DEALING THE INTRICACY	
Chairpersons: Prof. Reena Shrivastava, Dr. Neelam Ohri, Dr. Latika Agarwal	
MOC: Dr. Saima Siddiqui	
01:00-01:15 PM	Genital TB And Infertility-Updates For Management Dr. Bharti Maheshwari
01:15-01:30 PM	Poor Ovarian Reserve Dr. Pratik Tambe
01:30-01:45 PM	Recurrent Implantation Failure Dr. Fessy Louis



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SESSION: 4 THE TROUBLE SHOOTER

Chairpersons: Dr. Priti Kumar, Dr. Anupam Gupta, Dr. Kiran Pandey

MOC: Dr. Kanchan Prasad

01:45-02:00 PM	Batch IVF Dr. Tarini Taneja
02:00-02:45 PM	Panel Discussion: Ovulation Induction In Different Clinical Scenarios Moderator: Dr. Asha Baxi Panelist: Dr. Rohan Palshetkar, Dr. Priyankur Roy, Dr. Mala Saxena, Dr. Ritika Agarwal, Dr. Manisha Jain, Dr. Anu Agarwal

SESSION: 5 UP TO THE MINUTE

Chairpersons: Dr. Seema Bajaj, Dr. J K Goel, Dr. Shivani Gaur

MOC: Dr. Priyanka Rathore

02:45-03:00 PM	The Art of IUI Dr. Ritu Khanna
03:00-03:15 PM	Embryo Freezing And Vitrification Dr. Sunil Jindal
03:15-03:30 PM	Reproductive Genetics Dr. Laxmi Shrikhande
03:30-03:45 PM	Vote of thanks



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INAUGURATION CEREMONY

Date: 8th May 2021 | Time: 5.30 PM To 7.00 PM

SARASWATI VANDANA AND LAMP LIGHTING

Welcome Address - Prof. Dr. Rehana Najam (Organising Chairperson)

Secretary's Report - Prof. Dr. Kirti Dubey
Prof Dr Bharti Maheshwari (Officiating Secretary)

Blessings from Chief Patron - Padamshree Prof. Dr. Usha Sharma

Blessings from Patron - Prof. Dr. Chandravati

Blessings from Patron - Prof. Dr. Meera Agnihotri

Presidential Address - Dr. Reena Shrivastava

Installation of - Dr. Tarani Taneja as President

Blessings from - Dr. Tarini Taneja

Blessings from Advisors -

Dr. Narendra Malhotra
Dr. Jaideep Malhotra
Dr. Archana Verma

Blessings from - Prof. Dr. Shyamoli Dutta, Principal, TMMC &RC

Address by Guest Of Honour - Dr. Ragini Agarwal, Vice President FOGSI, North Zone

Inaugural Address by Chief Guest - Prof. Dr. Alpesh Gandhi, President FOGSI

Vote of Thanks - Dr. Astha Lalwani (Organising Secretary)

National Anthem



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SCIENTIFIC PROGRAMME

CME - 9th May, 2021

HALL INTEGRITY		HALL PROFICIENCY	
SESSION: SHIFTING THE MINDSET		SESSION: PATH TOWARDS SAFE PARENTHOOD	
Chairpersons: Dr, Ragini Mehrotra, Dr. Kirti Dubey Dr. Rajni Agarwal, Dr. Archana Agarwal MOC: Dr. Astha Lalwani, Dr. Bishakha Chamua		Chairpersons: Dr. Madhu Jain, Dr. Leena Chauhan, Dr. Renu Garg MOC: Dr. Garima Bajpai, Dr. Rekha Yadav	
9:00-9:15 AM	Recurrent pregnancy loss Dr. Ritu Khanna	9:00-9:15 AM	PCOS- Concerns & Remedies Dr. Rakhi Singh
9:15-10:00 AM	Panel Discussion on: Contraception: making it acceptable and user friendly Moderator: Dr. Seema Hakim Co-Moderator: Dr. Shehla Jamal Panellist: Dr. Neena Gupta, Dr. Kiran Sinha, Dr. Shazia Monis, Dr. Jyotsna Srivastava, Dr. Garima Bajpai, Dr. Nishat Anjum, Dr. Vineeta Awasthi	9:15-10:00 AM	Panel Discussion: Cervical Cancer: From prevention to cure Moderator: Dr. Uma Singh Co-Moderator: Dr. Sabuhi Qureshi Panellist: Dr. Ruchi Pathak, Dr. Arti Dbia, Dr. Nidhi Thakur, Dr. Zehra Mohsin, Dr. Ruchi Srivastava, Dr. Nasreen, Dr. Asna Ashraf
SESSION: HALT THE FAULT		SESSION: ENSURING THE HEALTHY OUTCOME	
Chairpersons: Dr. Rukma Idnani, Dr. Yashodhara Pradeep, Dr. Alpana Agarwal MOC : Dr. Shubhra Srivastava, Dr. Mrinalini Singh		Chairpersons: Dr. Radha Jina, Dr. Jaya Chaturvedi, Dr. Sangita Madan MOC : Dr. Rekha Yadav, Dr. Priyanka Rathore	
10:00-10:15 AM	MTP amendment act 2021 current status Dr. Bharti Maheshwari	10:00-10:15 AM	Save the uterus: It's not only a reproductive organ Dr. Tarini Taneja
10:15-10:30 AM	Postpartum haemorrhage – Every drop matters Dr. Archana Verma	10:15-10:30 AM	Still birth- Workup of a case Dr. Tamkeen Rabbani



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SESSION: ELIXIR FROM MASTERS

Chairpersons: Padmashri Dr. Usha Sharma, Prof. Dr. Chandravati, Dr. Meera Agnihotri

MOC: Dr. Astha Lalwani, Dr. Bishakha Chamua

10:30-10:50 AM	Women health crisis in Covid 19 pandemic Dr. Alpesh Gandhi
10:50-11:10 AM	Newer modalities in pelvic organ prolapse Dr. Afshan Khaja (UK)
11:10-11:30 AM	Placenta Accreta Syndrome- Obstetrician's Nightmare Dr. Alka Kriplani

SESSION: LET THE LEGENDS SPEAK

Chairpersons: Dr. Pratima Mittal, Dr. Manju Shukla, Dr. Manju Varma, Dr. Raj Baveja

MOC: Dr. Astha Lalwani, Dr. Swati Jain

11:30-11:50 AM	Adhbudh matritav- Holistic approach to happy mother healthy baby Dr. Jaideep Malhotra
11:50-12:10 PM	Urinary incontinence an alarming concern Dr. Vibhash Mishra (UK)
12:10-12:30 PM	Management of pre eclampsia- recent updates Dr. Mandakini Meigh
12:30-12:50 PM	Primary amenorrhea – A Stepwise Approach Dr. Anuradha Khanna

SESSION: LET'S SOLVE THE MYSTERY

Chairpersons: Dr. Sulekha Pandey, Dr. Achla Batra, Dr. Neena Mohan

MOC : Dr. Swati Jain, Dr. Bishakha Chamua

Chairpersons: Dr. Dib Datta, Dr. L K Pandey, Dr. Hemprabha Gupta, Dr. Ashok Kumar

MOC : Dr. Kanchan Prasad, Dr. Priyanka Rathore

12:50:1:10 PM	Aesthetic & Rejuvenating Gynaecology is there a need today? Dr. Narendra Malhotra	12:50-1:10 PM	Maternal stress and Perinatal health Dr. Ragini Agarwal
1:10:1:30 PM	Obesity in Pregnancy- Managing Challenges Dr. Suchitra Pandit	1:10-1:30 PM	Instrumental vaginal delivery in modern obstetrics Dr. Jaydeep Tank
1:30-1:50 PM	Post caesarean complications - beware and aware! Dr. Sadhana Gupta	1:30-1:50 PM	Medicolegal issues related to obstetrics mishap Dr. M C Patel



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SESSION: EMERGING CURRENT ISSUES

Chairpersons: Dr Urmila Singh, Dr. Nisha Rani Agarwal, Dr. J B Sharma

MOC: Dr. Bishakha Chamua, Dr. Swati Jain

2:00-2:45 PM **Panel discussion: AUB- Puberty to menopause solving the puzzle**

Moderator: Dr. Reena Srivastava
Co Moderator: Dr. Amrita Chaurasia

Panelist: Dr. Saba Asad, Dr. Uma Pandey, Dr. Namrata Bhardwaj, Dr. Yasmeen Farooq, Dr. Anupama Futela, Dr. Nishi Agarwal, Dr. Anushree Pandey

2:45-3:00 PM **Management of antenatal patients at term with COVID-19**
Dr. Ranjana Khanna

3:00-3:15 PM **Vaccination in pregnancy in current Era**
Dr. Priti Kumar

SESSION: THUNDER TO SUNSHINE

Chairperson: Dr. Anjoo Agarwal, Dr. Sanjaya Sharma, Dr. Alpana Kansal

MOC : Dr. Astha Lalwani, Dr. Bishakha Chamua

3:15-3:30 PM **Thrombocytopenia in pregnancy**
Dr. Abhilasha Gupta

3:30-4:00 PM
DEBATE 1:
Speakers:
EXPERTS:
Dr. Saroj Singh, Dr. Vinita Das
• **Routine PIH screening in low-risk Pregnant women**
Dr. Ayesha Ahmed (For)
Dr. Amrita Jaipuria (Against)

DEBATE 2:
Speakers:
• **Cervical Incompetence – Stitch or No Stitch?**
Dr. Aruna Verma (For)
Dr. Shipra Kunwar (Against)

SESSION: SIGHT TOWARDS LIGHT

Chairpersons: Dr. Urmila Karya, Dr. Mamta Tyagi, Dr. Prabha Lochab

MOC: Dr. Garima Bajpai, Dr. Rekha Yadav

2:00-2:45 PM **Panel discussion: Adolescent Health – Making the foundation strong**

Moderator: Prof. Kiran Pandey
Co- Moderator: Dr. Pavika Lal

Panellist: Dr. Aradhna Singh, Dr. AbhilashaYadav, Dr. Sangeeta Arya, Dr. Naima Afreen, Dr. Neha Agarwal, Dr. Pratibha, Dr. Sarika Sirohi

2:45-3:00 PM **Hereditary ovarian cancer screening and management**
Dr. S P Jaiswar

3:00-3:15 PM **Hypothyroidism in pregnancy**
Dr. J K Goel

SESSION: CONTROVERSIES TO CONCLUSION

Chairperson: Dr. Maneesha Jain, Dr. Kalpana Singh, Dr. Indu Tandon, Dr. Pawan Dhir

MOC : Dr. Rekha Yadav, Dr. Priyanka Rathore

3:15-3:30 PM **Shock in obstetrics**
Dr. Sangeeta Rai

3:30-3:45 PM **Management of GTD – Recent Updates**
Dr. Shikha Seth

3:45-4:00 PM **Preterm labor – advances in diagnosis and management**
Dr. Priyanka Garg



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SESSION: DECISIONS THAT MATTER		SESSION: OBSTETRIC SCRUTINY: WHEN TO INTERVENE?	
Chairpersons: Dr. Anita Kaul, Dr. Mandakini Pradhan, Dr. Dipali Verma, Dr. Kanchan Prasad MOC : Dr. Mrinalini Singh, Dr. Swati Jain		Chairpersons: Dr Sashi Bala, Dr. Shubhra Agarwal, Dr. Archana Goel MOC: Dr. Priyanka Rathore, Dr. Rekha Yadav	
4:00-4:15 PM	Decoding the FGR maze by Color Doppler Dr. Kuldeep Singh	4:00-4:15 PM	Recurrent UTI in Women Dr. Rehana Najam
4:15-4:30 PM	Optimal management of Monochorionic twins Dr. Richa Singh	4:15-4:30 PM	Intrapartum Fetal Surveillance Dr. Shikha Singh
4:30- 4:45 PM	Rh Isoimmunized pregnancy – The road ahead Dr. Akshatha Sharma	4:30- 4:45 PM	Anemia in pregnancy Dr Monika Aggarwal
5.00 PM - VALEDICTORY			

For participation registration is free but mandatory*.

<https://forms.gle/yPR4RymuMuhe2jAr5>

**Last date for abstract submissions for
paper & poster - 4th May 2021 on
abstract.upmidterm@gmail.com**

**For queries contact
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